

Name: \_\_\_\_\_

# What Type of Student Am I?

## Quiz

Take a moment to take this quiz with one of your copilots or someone else you trust. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

When you are finished answering the questions, total up your points and discuss your results and the questions on the following page.

1. **I do my homework:**
  - A. In a quiet space
  - B. Wherever I can
  - C. In detention or study hall
  - D. Never
2. **When I get a homework assignment, I:**
  - A. Start it as soon as I can
  - B. Go home, watch television and start working 30 minutes before bed
  - C. Do it in the hallway right before class starts
  - D. Don't do it
3. **When I don't understand something in class, I:**
  - A. Raise my hand or try to find the answer myself
  - B. Whisper to my friend to see if they know
  - C. Wait for someone else to ask
  - D. Tune out
4. **When I take notes in class, I:**
  - A. Read and revise them at home to make sure I understand them
  - B. Look at them quickly right before the test
  - C. Never look at them again
  - D. Doodle all over the page
5. **When the teacher is giving instructions on how to do a project or homework assignment, I:**
  - A. Listen carefully and jot down notes to remember all of the details
  - B. Listen but do not jot down notes
  - C. Usually don't pay attention; I can ask a friend later
  - D. Don't listen and don't ask
6. **I think of myself as:**
  - A. A good student
  - B. An OK student
  - C. Someone who doesn't really like school
  - D. Someone who doesn't care about school

## Quiz Scoring

Total up your points and give yourself:

- 4 points for every “A”
- 3 points for every “B”

- 2 points for every “C”
- 1 point for every “D”

### 19-24 POINTS

You are an excellent student! You have great study habits and by keeping up the good work, you will continue to succeed and do well when you get to college.

### 13-18 POINTS

You are a good student! Work on your weak spots and continue to strengthen your study habits. You will need great study habits to do well in college.

### 7-12 POINTS

Your study habits need improvement, and you can definitely fix them with hard work, determination, and support from family and friends. Set goals and stick to them.

### 6 POINTS

You might want to think about why you are having a hard time in school. Talk to your teachers and your family and make a plan to make changes now so you can make sure you have options when you finish high school. Remember, you are not in this alone and it's never too late.

## Questions:

1. After taking this quiz, what are some things you do really well and can be proud of?

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2. After taking this quiz, what are some things that you need to work on to make yourself an even better student?

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Name: \_\_\_\_\_

# What Time Is It?

Time management means getting the most amount of work done in the least amount of time, and with the best possible results. Having good time management skills will help you get good grades. It's simple, but it requires conscious and continuous effort on your part. However, once you understand the tools to use and how to use them, the job becomes easier. First, we must remember a few key things.

## Get Organized and Stay Organized

The following *Weekly Time Chart*, *Assignment Log* and *To-Do List* will help you structure your time effectively and are examples of a good time management system. You can keep track of your assignments, your progress and your achievements. Nothing of any importance is ever left to chance. Using these tools may seem complicated at first, but after regular use, the most intricate planning will seem natural and easy to do. Keep your forms up to date, refer to them often, and make entries every time new obligations and time commitments come up.

### 1. WEEKLY TIME CHART

In order to plan your weekly activities and study sessions, it is helpful to see at a glance your time commitments and what hours you can use for study. The *Weekly Time Chart* helps you plan more efficiently and effectively. Refer to it often, and keep it as handy as possible. Research has shown that a time chart is the most useful when broken down weekly. Make enough copies to last you for two or three months. Keep the used copies in your files for reference. You will be surprised when you look back after a month or so at how quickly you become more skilled in using the *Weekly Time Chart*. Don't hesitate to make changes to the *Weekly Time Chart* if you feel there are ways to improve it. Always do what works best for you.

### 2. ASSIGNMENT LOG

Record all of your major classroom assignments, projects and activities on the *Assignment Log*. Be sure that all of these are also accounted for on the *Weekly Time Chart*. This should be done for all work requiring one hour or more outside class.

### 3. TO-DO LIST

The third leg of the time management system is the *To-Do List*. These are the daily things that you must do that you might forget without a reminder: appointments with teachers, phone calls, meetings, errands and anything else that could be a problem if not attended to at the right time.

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## Weekly Time Chart

Fill in your schedule with your weekly activities and time commitments. Make enough copies to last you for two or three months and update them as activities and commitments come up.

Dates: From \_\_\_\_\_ To \_\_\_\_\_

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7 a.m.- 3 p.m. (School)					
3-4 p.m.					
4-5 p.m.					
5-6 p.m.					
6-7 p.m.					
7-8 p.m.					
8-9 p.m.					
9-10 p.m.					





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# I Need Help!

	School	Community	Home
What resources do I already have?			
What resources do I need?			
How do I get the resources I need?			

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# My Resources

Take a moment to talk to one of your copilots or someone else you trust about their hopes for you. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

QUESTION FOR YOU TO ASK YOUR COPILOT:

How can you be a resource for me at home, at school or in the community?

School	Community	Home