

Name: _____

Navigating the Road to My Future

Take a moment to talk to one of your copilots or someone else you trust about the challenges you may face along the road to your future. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

QUESTIONS FOR YOU TO ASK YOUR COPILOT:

1. What social, personal or academic challenges do you think could keep me from meeting my goals?

2. When you were my age, what challenges did you face? What did you do to overcome them?

3. When I face these types of challenges, what is the most important thing for me to remember?

Name: _____

Twists and Turns Along the Road

Along the road to your future you may:

- Reach a fork in the road
- Have to climb a few steep hills
- Reach a dead-end sign
- Reach a one-way sign

Think of some challenges you may face along the road to your future that are related to the signs mentioned above.

1. A time I may have to choose which direction to take:

2. A time I may have to accomplish a difficult task:

3. A time I may have to start all over again:

4. A time I may just want to go with the crowd:

Name: _____

Directions Please

There may come a time along the road to your future when you may feel lost, confused or frustrated. Think of peers or adults in your life (at home, at school or in the community) whom you can turn to for help during these moments. If you have completed Section B, use the names that you included on the *People Who Believe in Me* handout.

1. A person who can help me at home is _____

That person will help by:

2. A person who can help me at school is _____

That person will help by:

3. A community member who can help me is _____

That person will help by:

4. A friend who can help me is _____

That person will help by:

Name: _____

Directions Please

There may come a time along the road to your future when you may feel lost, confused or frustrated. Think of peers or adults in your life (at home, at school or in the community) whom you can turn to for support during these moments. If you have completed Section B, use the names that you included on the *People Who Believe in Me* handout.

Answer the following questions:

- What type of support or advice are these individuals likely to provide?
- How will this type of support help you stay on track?

1. First Individual: _____

2. Second Individual: _____

3. Third Individual: _____

Name: _____

Challenges Helping Me Grow

Along the road to your future you may face challenges. Some challenges may lead you offtrack. Challenges may also help you grow and improve.

Think of challenges you may face at home, school and with friends that will help you grow.

1. At home:

What could you learn from this challenge?

2. At school:

What could you learn from this challenge?

3. With friends:

What could you learn from this challenge?

Name: _____

Challenges Helping Me Grow

Along the road to your future you may face challenges. Some challenges may lead you offtrack. Other challenges will help you grow and improve.

Think of challenges you may face that will help you grow...

1. Personally:

How will this challenge help you grow as a person?

2. Academically:

How will this challenge help you grow as a person?

3. Socially:

How will this challenge help you grow as a person?

Name: _____

Preparing for Challenges Ahead

Take a moment to share the work you completed in this lesson with one of your copilots or someone else you trust. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

QUESTIONS FOR YOU TO ASK YOUR COPILOT:

1. What challenges do you think I might face on the road to my future?

2. What suggestions do you have for me when I come across these challenges?

3. Do you know of some resources (people, places, community groups) that I can turn to when I need help?
