

Name: _____

Getting Advice

Take a moment to talk to one of your copilots or someone else you trust about a time they needed advice in order to make a decision. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

QUESTIONS FOR YOU TO ASK YOUR COPILOT:

1. Can you remember a time when you needed advice to make a decision?

2. Who did you ask for help? Why did you choose that person?

3. Was the advice helpful to you? Why or why not?

4. Do you think you would have received better advice if you had asked someone of a different age (for example, a friend rather than a parent – or the opposite)?

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Getting Advice from Where?

What are the pros and cons of getting advice from adults and peers (or friends) in your life? Please fill out the chart with pros and cons of getting advice from both groups of people.

	Peers	Adults
Pros		
Cons		

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Helping My Friends Stay On Track

As you grow up, you and your friends will go through a lot together. Peer pressure can encourage people to make bad choices. Peer pressure can also help people make good choices.

How do you plan on making sure your friends stay on the road to their future?

1. Things I will do:

2. Things I will not do:

3. Things I will say:

4. Things I will not say:

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Learning through Helping Others

Take a moment to talk to one of your copilots or someone else you trust. Discuss a time in which they helped a friend stay on track. Whoever you choose will be your copilot for this activity. Be sure to thank your copilot for supporting you.

QUESTIONS FOR YOU TO ASK YOUR COPILOT:

1. Was there ever a time you helped a friend stay on track?

2. What did you do?

3. What did you learn about the importance of helping friends stay on track?
